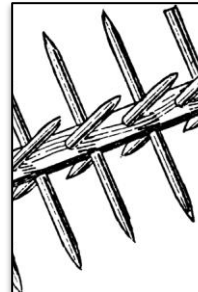# Causes of Bloody Sunday

❶ Nationalist population of Northern Ireland felt increasingly isolated. Support for IRA increases.

❷ Catholics called for change. Unionist paramilitary groups step up recruitment.

❸ Internment. Nationalists lose faith in security forces as many more Catholics interned.

❹ 'No go' areas were being created as paramilitary groups took control of the streets.

❺ The Civil Rights Association protested against internment and against the ban on the right to march.

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